

Course Outline and Details

Course Code	TL2035Y24	Title:	Counselling Skills in Action
Time and duration		Location	
Start Date:	04 July 2025	TACC within OCH	
Start Time: 10:00	End Time: 12:00	The Old Courthouse	
Start Day:	Friday	Orsett Road	
No. of Lessons:	1	Grays	
No. of Weeks:	1	Essex	
Total No. of Hours:	2.00	RM17 5DD	E: tacc@thurrock.gov.uk

Description

Introduce core counselling skills, ethical considerations, and next steps for further learning for people considering a career in counselling or looking to develop basic counselling skills.

What will I learn?

This introductory workshop provides an insight into key counselling skills and their practical application. It is ideal for those considering further study in counselling or related fields. The session covers active listening, empathy, and ethical considerations while allowing learners to practice essential skills in a supportive environment.

Understand the purpose and basic principles of counselling.

Identify key counselling skills such as active listening, reflection, and open questioning.

Recognise the importance of empathy, non-judgment, and ethical boundaries.

Identify progression routes into Level 1 -3 Counselling courses.

Entry Requirements

None

What do I need to bring?

All resources will be provided, but you may wish to bring your own equipment and will be advised by the tutor.

What support is available?

You can arrange to see an information, advice, and guidance (IAG) advisor for career guidance and support.

The Discretionary Learning Support Fund (DLSF) can be used to help with travel costs and other expenses, our Learner Experience Team can support you with your application.

If you require any additional support or have any special requirements that you have not already told us about, please inform us as soon as possible by emailing: TACC@thurrock.gov.uk a member of our Learning Support team will contact you to talk about these confidentially.

Please advise your tutor of any medical or health issues that may impact on your learning or your safety whilst attending the college.

What is expected from me?

We expect all our learners to partake fully in all sessions and to enjoy themselves. Please be on time for all sessions and if you cannot make your class, please contact your tutor or the college

What can I do next?

Pathway into learning. Other tailored learning courses or quals. Tutor will inform of all upcoming.